

FREE GUIDE

Lean Tips for Long-Term Care

Quick wins your team can implement today



Lean Tips for Long-Term Care

Long-term care homes across Canada are facing unprecedented pressure due to rising resident acuity, staffing shortages, regulatory requirements, and restricted budgets. Lean methodology helps teams work smarter by identifying and eliminating waste: the activities, delays, and duplications that consume staff time without adding direct value to residents.

1

Run a 15-Minute Waste Walk

Spend 15 minutes walking your unit to observe tasks that don't directly benefit residents and are not required for legislative compliance. Look for excessive motion, unnecessary waiting, and equipment that's hard to find. Ask frontline staff what slows them down most, and pick one issue to tackle first.

2

Standardize Your Shift Handover

Inconsistent handovers are a leading cause of missed information. Agree on a standard format covering resident status changes, safety flags, and outstanding tasks, and commit to using it consistently across every shift.

3

Start a Daily Huddle

A 10-15 minute standing meeting at the start of each shift aligns the team on resident needs, staffing, and safety. Keeping it short, consistent, and focused on the day ahead surfaces problems early and builds a culture of continuous improvement.



Ready to Go Further?

These tips are a starting point. Lasting improvement comes from building a comprehensive system for excellence.

Leading Edge Associates helps long-term care organizations across Canada transition from reactive environments to self-sustaining cultures of improvement.



<https://leadingedgeassociates.com/lean-in-long-term-care/>



info@leadingedgeassociates.com



[\(416\) 637-5074](tel:(416)637-5074)